

6/25/2020
9:15 PM

✓
MI Nombre es
Norma Cecilia Lopez Nunez

A# [REDACTED]

Entre en la detencion de Tacoma, 5/28/2017
hasta hoy dia 6/25/2020

estoy enferma del corazon, tomo 3 pastillas
tengo alta pression " " 2 " "
tengo problemas thyroides " " 3 " "
" " ANSIEDAD " " 2 " "
" " DEPRESSION " " 2 " "
" " hipertension " " 4 " "
" " PTSD " " 2 " "
" " post-traumatic " " 1 " "

→ tengo 1 BALAZO en mi pierna derecha
y PASO A LA pierna izquierda
y la BALA la tengo en la pierna izquierda
las compañeras me puchron y me pegue en
la Rodilla derecha. ahora tengo problema grave
en la Rodilla " " .

La Unidad donde me encuentro es C-3
Charlie - los escalones son sucios no los
barren estan mugrosos. En los Baños se
tira mucha Agua, uno se puede caer.

→ →

2 ✓
Las Mesas las limpian con Químicos
que nos hace toser, nos lastima la
Garganta, cuando nos dan comida 3
veces al día. las Muchachas no se cubren
la Boca, nos cambian las Cabizas
cada 3 meses. - de colchones
están viejos. los platos viejos
rajados. Los enfermeros se equievan
con las Medicinas

Noma Ropy

6/25/2020, 9:15pm

My name is Norma Cecilia Lopez Nunez,

I entered the Tacoma Detention Center on 5/28/2017, and have been here until today, 6/25/2020.

I suffer from heart-related health issues, and take three pills.

I have high blood pressure and take two pills.

I have thyroid problems and take three pills.

I have anxiety and take two pills.

I have depression and take two pills.

I have PTSD and take two pills.

I have post-traumatic stress and take one pill.

I have a gun wound in my right leg that went through to the left leg, and the bullet is stuck in my left leg. The women here pushed me and I hurt my right knee. Now I have a serious injury in my right knee.

The unit where I am now is C-3, Charlie. The stairs are dirty - they are not swept. They are grimy. The bathrooms have so much water on the floor, one could fall. The tables are cleaned with chemicals that make us cough and hurts our throats. And when they feed us three times a day, the women do not cover their mouths. The sheets are only changed every three months. The mattresses are old. The plates are old and scratched. The sick are left without their medication.

Norma Lopez